

PEG 3350 COLONOSCOPY PREP

- 1) On _____ the day before your procedure, **drink clear liquids only for breakfast, lunch and dinner and snacks.** You may have clear liquids until midnight.
- 3) In the morning, add warm drinking water to the top line on the container. Cap bottle and shake to dissolve. The liquid will be clear. Refrigerate until needed. Keep contents chilled.
- 4) Between 5:00 & 6:00 pm start drinking the laxative solution. Drink 1 (8oz) glass every 10 minutes for 8 doses.

IF YOUR COLONOSCOPY ARRIVAL TIME IS 10:30am or EARLIER

At 11:00 PM, **repeat STEP 4** for another 8 (8oz) doses of solution.

You can continue to drink clear liquids until 12:00 midnight. **PLEASE REMEMBER AFTER MIDNIGHT NOTHING TO EAT OR DRINK, NOT EVEN GUM OR MINTS.**

IF YOUR COLONOSCOPY ARRIVAL TIME IS 10:30 am or LATER

Repeat **STEP 4** starting at **6:00 am** the morning of your procedure. **PLEASE REMEMBER NOTHING TO EAT OR DRINK EXCEPT FOR THE SOLUTION, NOT EVEN GUM OR MINTS.**

**** IF YOU ARE DIABETIC TAKE NO ORAL DRUGS THE DAY BEFORE AND THE MORNING OF YOUR TEST. IF YOU TAKE INSULIN: TAKE ½ DOSE INSULIN THE DAY BEFORE THE TEST AND NONE THE DAY OF THE TEST.**

*****TAKE ALL OTHER MEDICATIONS THE DAY BEFORE YOUR PROCEDURE. ANY MEDICATIONS TAKEN THE MORNING OF THE PROCEDURE NEEDS TO BE TAKEN WITH A SMALL SIP OF WATER**

Date: _____ Place: _____

The Center will contact you 2 days prior to your procedure with your arrival time.

YOU MUST HAVE SOMEONE DRIVE YOU HOME

