

## MOVIPREP

- 1) On \_\_\_\_\_ the day before your procedure, drink only clear liquids for breakfast, lunch and dinner. A clear liquid diet is on back. **Take all your normal medications.**
- 2) **Also on the day before your procedure, mix the MoviPrep solution in the morning** by emptying one pouch A and one pouch B into the disposable container. Add room temperature **water, lemon-lime Gatorade or lemon lime Crystal Light** to the fill line of the container. Shake well and **refrigerate** until ready to use at 5pm.
- 3) Between 5 and 6 pm, shake the MoviPrep solution and drink 8 oz (as marked on the container) rapidly every 15 minutes until the solution is gone.
- 4) Drink an additional 16oz of clear liquids within the next hour before completing the next step.
- 5) Follow step 2 above and mix second dose of MoviPrep. Refrigerate.

**\* IF YOUR ARRIVAL TIME IS SCHEDULED FOR BEFORE 10:30 am:**

At **11:00 pm** the evening before the procedure, **repeat step 3 and 4 above**. REMEMBER, nothing to eat or drink (**except for morning meds**), not even gum or mints after this last dose.

**\* IF YOUR ARRIVAL TIME IS SCHEDULED FOR 10:30 am or later:**

At **6am**, the morning of your procedure, **repeat step 3 and 4 above** and **take any morning** meds. REMEMBER, nothing to eat or drink after this dose is finished at 7am. No gum or mints!

**Also: The morning of your procedure: THIS IS IMPORTANT!**

- Take Blood pressure medicine with a small sip of water!
- Take asthma medication!
- Take allergy medication with a small sip of water!
- Do NOT Eat food, drink coffee, drink juice, or chew gum or mints!

\*\*\**If you are Diabetic* on oral meds, take no oral drugs the day before and none the morning of your test. If you are on insulin, take ½ the dose on the day before the test and none on the day of the test.

\*\*\* If you are on blood thinners please ask your physician about stopping them.

Date: \_\_\_\_\_ Time: **Center will call 2 days prior** Place: \_\_\_\_\_

***YOU MUST HAVE AN ADULT 18 years or older DRIVE YOU HOME***

**It is important that you take all of your normal medications the day before and the morning of your procedure. If your blood pressure is too high the day of your procedure, your procedure will have to be rescheduled.**