

SUPREP COLON PREP KIT

- 1) On _____ the day before your procedure, drink only clear liquids for breakfast, lunch, dinner and snacks. A clear liquid diet is on back. **Make sure you take all of your medications.**
- 2) Between 5 & 6 pm on the evening before your procedure, take one of the Suprep bottles and pour the solution into the mixing container. Then add cool drinking water to the 16 oz line on the container and mix. Drink all the liquid in the container. You must drink an additional 32 oz of clear fluids over the next hour.

***IF YOUR ARRIVAL TIME IS SCHEDULED FOR BEFORE 10:30am:**

At **11:00 pm** the evening before the procedure, **repeat step 2 above**. REMEMBER, nothing to eat or drink (**except for morning meds**), not even gum or mints after this last dose.

***IF YOUR ARRIVAL TIME IS SCHEDULED FOR 10:30am or later:**

At **6am**, the morning of your procedure, **repeat step 2 above** and **take any morning meds.** REMEMBER, nothing to eat or drink after this dose is finished at 7am. No gum or mints, coffee, food or juice!

Also: The morning of your procedure:

- **Take Blood pressure medicine with a small sip of water!**
- **Take asthma medication!**
- **Take allergy medication with a small sip of water!**
- **Do NOT Eat, drink coffee, drink juice, or chew gum or mints!**

****If you are Diabetic on oral meds, take no oral drugs the day before and none the morning of your test. If you are on insulin, take ½ the dose on the day before the test and none on the day of the test.*

****If you are on blood thinners please ask your physician about stopping them*

Date _____ Time : Center will call you 2 days prior Place _____

YOU MUST HAVE AN ADULT 18 years or older DRIVE YOU HOME

It is important that you take all your normal medications the day before and morning of your procedure. If you get to the center and your blood pressure is too high, your procedure will have to be rescheduled.