



ADVANCED GASTROINTESTINAL SPECIALISTS, P.C.

Leading the way in experienced, compassionate & results-driven care.

PREPARING FOR YOUR UPPER ENDOSCOPY (EGD)

- 1) Nothing to eat or drink from 12:00 midnight the night before your procedure.
Not even gum or mints.
- 2) The morning of your procedure take all your heart and blood pressure medicine with a small amount of water.
- 3) If you are diabetic, please do not take any of your diabetes medicine until after you are able to eat.

- 4) If you currently take: (only those checked)

Stop taking them 5 days prior to your procedure

___ Aspirin

___ Plavix

___ Coumadin

___ Vitamin E

Date: _____ Time: _____ AM/PM Place: _____

***YOU MUST HAVE SOMEONE DRIVE YOU HOME –
IF NOT YOUR PROCEDURE WILL BE CANCELLED***